



Rnk	Lastname - firstname	Nat	Bib	Yr	Rnk Cat	Time	Aver.	Club
1	KINDLUNDH Lotten	SWE	#303	00	1 F18F	01:01:50	5'09	FK Finn
2	PALM Frida	SWE	#349	76	1 DF	01:02:00	5'10	FK Boken
3	SAAVEDRA Alicia	SWE	#352	77	2 DF	01:02:43	5'14	Malmö Löp
4	RYLANDER Malin	SWE	#354	87	3 DF	01:05:46	5'29	Runacademy IF
5	FYHR Malin	SWE	#324	86	4 DF	01:06:52	5'34	Ryssbergets IK
6	BLYCKERT Annakajsa	SWE	#323	91	5 DF	01:08:16	5'41	Karlshamn
7	BENGTSSON Karin	SWE	#347	90	6 DF	01:09:54	5'49	P4 Kristianstad
8	MÖRCK Lotta	SWE	#327	66	7 DF	01:10:23	5'52	Hässleholms AIS
9	WIDELL Rebecka	SWE	#302	99	2 F18F	01:13:06	6'05	Vittsjö GIK
10	BENGTSSON Anna	SWE	#345	86	8 DF	01:13:43	6'09	Ett RIKTIGT vinnarlag!
11	BÖKMAN Vanja	SWE	#301	01	3 F18F	01:14:18	6'11	Ronneby OK
12	SKOOGH Linnéa	SWE	#340	85	9 DF	01:14:49	6'14	Björnstorps IF
13	GÖRANSON Catarina	SWE	#328	88	10 DF	01:14:50	6'14	Degeberga Runners
14	SIVESAND Hanna	SWE	#341	74	11 DF	01:17:02	6'25	Kristianstad
15	HOLMQVIST Anna	SWE	#338	79	12 DF	01:17:36	6'28	Mörum
16	KARLSSON Lotta	SWE	#386	72	13 DF	01:17:44	6'29	Ryssbergets IK
17	DAHL Christin	SWE	#384		14 DF	01:17:55	6'30	FARSTORP
18	VENDELBO Maria	SWE	#368	69	15 DF	01:17:56	6'30	Höör
19	TANNÉR Elin	SWE	#330	88	16 DF	01:17:56	6'30	Malmö
20	DANIELSSON Camilla	SWE	#374	79	17 DF	01:19:50	6'39	Bjärred
21	PAJALIC Katarina	SWE	#359	88	18 DF	01:20:23	6'42	Malmö
22	HEDBERG Kristina	SWE	#370	65	19 DF	01:21:44	6'49	Ystads IF
23	HYLLSTEDT Maja	SWE	#331	92	20 DF	01:21:45	6'49	Karlshamn
24	LARSSON Annika	SWE	#355	90	21 DF	01:21:56	6'50	Broken Hearts IF
25	PETERSSON Jonna	SWE	#367	76	22 DF	01:22:53	6'54	Team Barmara
26	JAKOBSSON Isabella	SWE	#373	91	23 DF	01:23:08	6'56	Hässleholm Freeflow AC
27	LINDROTH Anneli	SWE	#322	77	24 DF	01:23:25	6'57	Lund
28	MOLIN Maritza	SWE	#375	72	25 DF	01:25:35	7'08	Kristianstad
29	LINDQVIST Karin	SWE	#369	77	26 DF	01:25:51	7'09	Bräkne-Hoby
30	JÖNSSON Ewa	SWE	#335	82	27 DF	01:25:59	7'10	Kristianstad
31	CARLESKÄR Bodil	SWE	#325	59	28 DF	01:26:02	7'10	Ryssbergets IK
32	JACOBSSON Linda	SWE	#371	77	29 DF	01:26:04	7'10	Vildgässen
33	DAHLQVIST Maria	SWE	#365	80	30 DF	01:26:57	7'15	Lonesome Runners
34	SJÖLANDER Ulrika	SWE	#376	74	31 DF	01:27:12	7'16	Degeberga
35	NILSSON Susanne	SWE	#378	63	32 DF	01:27:17	7'16	Gärnsnäs
36	MÅNSSON Sofie	SWE	#353	75	33 DF	01:27:22	7'17	Team 1
37	GUSTAVSSON Cajsa	SWE	#329	81	34 DF	01:27:45	7'19	Sparbanken Skåne
38	HELLSTRAND Eva	SWE	#344	85	35 DF	01:27:58	7'20	Ett RIKTIGT vinnarlag!
39	OLSSON Sabina	SWE	#337	85	36 DF	01:28:07	7'21	Hammarlund
40	AHRENT Elisabeth	SWE	#357	62	37 DF	01:28:36	7'23	Tåghusa IF
41	YNGVESSON Josefine	SWE	#366	84	38 DF	01:28:50	7'24	Tollarp
42	MÅRTENSSON Bodil	SWE	#382	64	39 DF	01:28:57	7'25	Björnstorps IF
43	TÖRNQVIST Josephine	SWE	#364	84	40 DF	01:29:56	7'30	Fjälkinge
44	CAPION OLSEN Malena	SWE	#343	82	41 DF	01:31:12	7'36	Københavns skiklub
45	OLSSON Kerstin	SWE	#385	67	42 DF	01:33:49	7'49	Team Trelleborg Triathlon
46	SVANBERG Hanna	SWE	#332	91	43 DF	01:34:41	7'53	Sölvesborg
47	GLENDINNING Sarah	IRL	#377	68	44 DF	01:35:38	7'58	Lund
48	HENNIG Anna	SWE	#358	74	45 DF	01:35:40	7'58	Kraftkällan Evenemang
49	HUGOSSON Cecilia	SWE	#321	71	46 DF	01:35:41	7'58	Lunds OK
50	NACKAN Elise	SWE	#372	62	47 DF	01:38:39	8'13	Team Nordic Trail
51	LUNDSTRÖM Hillevi	SWE	#348	79	48 DF	01:49:49	9'09	Färlöv



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1	ÖSTENSON Björn	SWE	#417	93	1 HM	00:49:29	4'07	Ryssbergets IK
2	SELLMAN Krister	SWE	#496	81	2 HM	00:49:40	4'08	Malmö Löp
3	AUTIO Peter	SWE	#443	82	3 HM	00:53:16	4'26	Lynx Multisport Team
4	JONSSON Mattias	SWE	#412	70	4 HM	00:53:36	4'28	Heleneholms IF
5	HALLENSTÅL Joel	SWE	#416	86	5 HM	00:55:33	4'38	Ryssbergets IK
6	LILJEDAHL Daniel	SWE	#428	83	6 HM	00:56:01	4'40	Perstorp
7	LENNGREN Kjell	SWE	#524	67	7 HM	00:56:28	4'42	THAI SMILE SIMRISHAMN
8	PALM Håkan	SWE	#473	71	8 HM	00:56:31	4'43	FK Boken
9	GANNBY Johan	SWE	#419	83	9 HM	00:57:14	4'46	Svensk Dentservice
10	BUHRE Timmy	SWE	#408	88	10 HM	00:59:05	4'55	Hajmat
11	SVENSSON Mikael	SWE	#442	80	11 HM	00:59:21	4'57	Stigmännen Karlshamns OK
12	CARLSSON Josef	SWE	#405	90	12 HM	00:59:28	4'57	IK Sisu Nässjö
13	LINDKVIST Hugo	SWE	#491	89	13 HM	00:59:49	4'59	Memnon IF
14	JOHANSSON Martin	SWE	#411	67	14 HM	01:00:25	5'02	Heleneholms IF
15	CRUCE Mikael	SWE	#492	89	15 HM	01:00:36	5'03	Memnon IF
16	BUHRE Rasmus	SWE	#407	93	16 HM	01:00:54	5'04	Hajmat
17	OLSEN Jonas Thor	DEN	#523	78	17 HM	01:01:09	5'06	Københavns skiklub
18	LINDELL Robert	SWE	#435	86	18 HM	01:01:10	5'06	Vinslöv
19	MATTSSON Martin	SWE	#403	77	19 HM	01:01:30	5'07	Mörrum
20	DEKKERS Guus	SWE	#440	89	20 HM	01:01:39	5'08	Kristianstad
21	KRAFT Niklas	SWE	#414	73	21 HM	01:01:51	5'09	Ryssbergets IK
22	FRIBERG Michael	SWE	#487	86	22 HM	01:02:05	5'10	Memnon IF
23	TEDGÅRD Joel	SWE	#488	83	23 HM	01:02:09	5'11	Memnon IF
24	SONESSON Johan	SWE	#455	77	24 HM	01:02:11	5'11	Åhus
25	HELGESSON Patrik	SWE	#485	72	25 HM	01:02:30	5'12	Elgiganten
26	TEDGÅRD Tomas	SWE	#490	85	26 HM	01:02:40	5'13	Memnon IF
27	ALMVÄRN John	SWE	#514	91	27 HM	01:02:41	5'13	Crossfit Fabriken
28	HANSSON Martin	SWE	#484	82	28 HM	01:02:42	5'13	Elgiganten
29	NOVIN Thomas	SWE	#438	80	29 HM	01:02:42	5'13	Team Skånefitness
30	LARSSON Andreas	SWE	#465	76	30 HM	01:02:42	5'13	Hässleholm Freeflow AC
31	PETTERSSON Mathias	SWE	#415	68	31 HM	01:02:53	5'14	Ryssbergets IK
32	MODIN Erik	SWE	#513	88	32 HM	01:03:12	5'16	Karlshamn
33	HJALMARSSON Patrik	SWE	#402	89	33 HM	01:03:12	5'16	Tk Fys
34	OLSSON Niklas	SWE	#529	82	34 HM	01:03:15	5'16	FARTORPS ATHLETIC CLUB
35	JERRE ANDERSSON Oskar	SWE	#489	88	35 HM	01:03:16	5'16	Memnon IF
36	MÅNSSON Erik	SWE	#507	71	36 HM	01:03:22	5'17	Åhus
37	ERIKSSON Stefan	SWE	#420	70	37 HM	01:03:29	5'17	Karlshamn Fightcenter
38	EDVINDSSON Oskar	SWE	#525	92	38 HM	01:03:34	5'18	REJLERS IF
39	SJÖBERG William	SWE	#311	01	1 P18M	01:03:36	5'18	Åhus
40	LUNDGREN Folke	SWE	#515	79	39 HM	01:03:37	5'18	Lonesome Runners
41	OLSSON Axel	SWE	#401	82	40 HM	01:03:37	5'18	GAT
42	NILSSON Dan	SWE	#454	82	41 HM	01:04:19	5'22	Kristianstads Triathlonklubb
43	MÖRCK Joel	SWE	#313	99	2 P18M	01:04:33	5'23	Hässleholms AIS
44	VINBERG Jim	SWE	#242	81	42 HM	01:04:35	5'23	Malmö
45	RANBRO Mats	SWE	#406	70	43 HM	01:04:37	5'23	Helsingborgs SOK
46	HARTVIG Andreas	SWE	#508	77	44 HM	01:04:42	5'23	Kristianstad
47	JALKING Jonas	SWE	#527	73	45 HM	01:05:42	5'28	Vinslöv
48	STIBERG Fredrik	SWE	#452	75	46 HM	01:05:49	5'29	Elmhults Sport Club
49	OLSSON Peo	SWE	#445	64	47 HM	01:05:53	5'29	Lonesome Runners
50	ELMEVIK Anders	SWE	#467	71	48 HM	01:06:18	5'31	Hässleholm AIS
51	BERGSTEN Adam	SWE	#457	89	49 HM	01:06:25	5'32	Ett RIKTIGT vinnarlag!
52	GÖRANSSON DAHL Carl	SWE	#312	03	3 P18M	01:06:43	5'34	Degeberga Runners
53	HERMANSEN Jens	SWE	#453	69	50 HM	01:06:54	5'34	Möllebacken
54	MÖRCK Per-Erik	SWE	#422	66	51 HM	01:07:39	5'38	Hässleholms AIS
55	DAHL Calle	SWE	#423	70	52 HM	01:07:40	5'38	Degeberga Runners
56	SVENSSON Magnus	SWE	#474	67	53 HM	01:07:41	5'38	Tyréns AB
57	JOHANSSON Albert	SWE	#494	89	54 HM	01:07:47	5'39	Memnon IF
58	NILSSON Hugo	SWE	#314	03	4 P18M	01:08:43	5'44	Kristianstad
59	NILSSON Torbjörn	SWE	#244	71	55 HM	01:08:43	5'44	Kristianstad
60	ROMBERG SELIN Erik	SWE	#530	84	56 HM	01:08:44	5'44	FARTORPS ATHLETIC CLUB
61	FRASER Malcom	SWE	#434	71	57 HM	01:09:07	5'46	Tetra Pak IF
62	BUHRE Christian	SWE	#409	92	58 HM	01:09:41	5'48	Hajmat
63	TILLY Kristian	SWE	#436	83	59 HM	01:09:49	5'49	Hörby



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64	LUNDQUIST Christian	SWE	#241	79	60 HM	01:09:54	5'49	Lomma
65	LIDBERG Johan	SWE	#243	79	61 HM	01:10:19	5'52	Malmö
66	PERSSON Magnus	SWE	#437	78	62 HM	01:10:21	5'52	Värnamo
67	NIELSEN Fredrik	SWE	#410	82	63 HM	01:10:55	5'55	Hajmat
68	ULLMARK Tobias	SWE	#469	89	64 HM	01:11:12	5'56	Hässleholm Freeflow AC AC
69	NELVING Anders	SWE	#526	77	65 HM	01:11:18	5'56	Tetra Pak IF
70	JOHANSSON Anders	SWE	#493	60	66 HM	01:11:40	5'58	Memnon IF
71	OLAUSSEN Johan	SWE	#433	67	67 HM	01:11:51	5'59	Tetra Pak IF
72	PERSSON Jonas	SWE	#425	85	68 HM	01:11:53	5'59	Degeberga Runners
73	WINBERG Fredrik	SWE	#448	75	69 HM	01:11:56	6'00	Kristianstad
74	AHLQVIST Linus	SWE	#528	76	70 HM	01:12:21	6'02	FARTORPS ATHLETIC CLUB
75	GUNNARSSON Marcus	SWE	#245	78	71 HM	01:12:22	6'02	FARTORPS ATHLETIC CLUB
76	HOWE Robert	SWE	#427	76	72 HM	01:12:36	6'03	Malmö
77	GÖRANSSON Anders	SWE	#509	67	73 HM	01:13:13	6'06	SWEGON
78	SZYMASKO Roger	SWE	#495	71	74 HM	01:14:44	6'14	Åhus Friidrott
79	GÖRANSON Patrik	SWE	#424	84	75 HM	01:14:49	6'14	Degeberga Runners
80	SAGASTUME Guillermo	SWE	#426	76	76 HM	01:14:49	6'14	Lund
81	DEGERSTRÖM Peter	SWE	#476	89	77 HM	01:14:49	6'14	HARTBROKE IF
82	WÄNERSJÖ Per	SWE	#432	79	78 HM	01:14:50	6'14	Tetra Pak IF
83	GRANELL Andreas	SWE	#431	84	79 HM	01:14:50	6'14	Veberöd
84	SKOOGH Henrik	SWE	#446	85	80 HM	01:14:55	6'15	Björnstorps IF
85	RANDAU Nils	SWE	#459	86	81 HM	01:15:30	6'17	Ett RIKTIGT vinnarlag!
86	BRINK Bengt	SWE	#456	54	82 HM	01:15:58	6'20	OK Gyng
87	STURESSON Rickard	SWE	#458	83	83 HM	01:16:13	6'21	Ett RIKTIGT vinnarlag!
88	PERSSON John	SWE	#430	71	84 HM	01:16:36	6'23	Saxemara
89	OLSSON Andreas	SWE	#505	77	85 HM	01:16:47	6'24	Kristianstad
90	SVANTESSON Martin	SWE	#462	81	86 HM	01:16:58	6'25	Team Bromskloss
91	LUNDSTRÖM Roger	SWE	#502	77	87 HM	01:17:07	6'26	Färlöv
92	FROSTLE Martin	SWE	#477	72	88 HM	01:17:12	6'26	Hörby FF
93	MALTESJÖ Sverker	SWE	#429	75	89 HM	01:17:23	6'27	Saxemara
94	PETTERSSON Johan	SWE	#466	72	90 HM	01:17:24	6'27	Dream Team AB
95	MÅRTENSSON Nils	SWE	#512	70	91 HM	01:17:33	6'28	Kristianstad
96	ROSENKVIST Peter	SWE	#471	68	92 HM	01:17:54	6'29	Kristianstads Karateklubb
97	BOLVEDE Johannes	SWE	#460	87	93 HM	01:19:29	6'37	Ett RIKTIGT vinnarlag!
98	BÄCKSTRÖM Lennart	SWE	#413	54	94 HM	01:19:29	6'37	Ryssbergets IK
99	RAMSTEDT Rickard	SWE	#418	77	95 HM	01:19:45	6'39	Åhus
100	SCHREWELIUS Fredrik	SWE	#461	84	96 HM	01:21:30	6'47	Team Bromskloss
101	TENNLO John	SWE	#464	72	97 HM	01:21:49	6'49	Malmö
102	OLSSON Per	SWE	#504	49	98 HM	01:22:53	6'54	OK Pan-Kristianstad
103	EMANUELSSON Ylvar	SWE	#451	83	99 HM	01:24:31	7'03	Malmö Gerillalöpare
104	JARBO Linus	SWE	#447	70	100 HM	01:27:27	7'17	Arkelstorp
105	MÅRDFELT Johan	SWE	#444	74	101 HM	01:27:40	7'18	Team Mårdfelt
106	MÅNSSON Tommie	SWE	#479	46	102 HM	01:27:56	7'20	Team 1
107	LINDGREN Martin	SWE	#441	76	103 HM	01:28:59	7'25	Hammarslund
108	HANSSON Fredrik	SWE	#481	76	104 HM	01:29:29	7'27	Team 1
109	BJÖRKMAN Patrik	SWE	#497	91	105 HM	01:29:39	7'28	Härlövs IF
110	IVARSSON Jonas	SWE	#463	81	106 HM	01:30:18	7'31	Team Bromskloss
111	SWAHN Uno	SWE	#468	44	107 HM	01:32:49	7'44	Staffanstorp